The Future of Sleep Medicine: Leadership and Mentoring

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Disclosure

- **Grant Support:**
  - National Institutes of Health

- **Consultant**
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- **Research**
  - Embla, Resprionics
Shift from Laboratory Polysomnography to Portable Sleep Studies
Falling Reimbursements for Sleep Services
Rising Disparity in Availability and Access to Sleep Services
Automation of Polysomnography
Common Platform Polygraph
Increase Collaboration Between Device Makers and Sleep Clinicians
Outsourcing of Polysomnographic Services
Creation of Full Service Sleep Centers
Leveling Off of Number of Sleep Medicine Clinicians
The Primary Care Physician as Sleep Specialist
Rise of the Sleep Superspecialist
Cross-discipline Sleep Specialties
The Adaptable Sleep Specialist
Return of the Ph.D. Sleep Specialist
Era of Litigation
Quality Control and Performance Measures
Changing Paradigm of Sleep Research
Phenotyping of Sleep Apnea
Back to the Brain
The Child as More Than Just a Small Adult
Expanding Role of the Sleep Technologist
Changing Emphasis in the Education of the Sleep Technologist
Greater Need for Advocacy
Need for New Leaders and Mentors